

*Mark Logan*



Mark is the pregnancy social worker - counsellor for Affect Consulting. Mark has many years of personal and professional experience in this field.

Mark is a father of 7 children [3 have Neural Tube Defects; Spina Bifida- 2 surviving].

Mark has also worked in paediatrics RCH Melb, Sunshine, Bendigo, and he still works with children and families both as a registered nurse and private practice Mental Health Social Worker.

Mark has assisted many families that have faced tough **family pregnancy related issues or concerns** in their lives.

If you want someone with personal experience as well as professional training. Contact Mark at AFFECT Consulting now.

**MARK LOGAN**

MENTAL HEALTH SOCIAL WORKER.  
BEHAVIOURAL THERAPIST.  
MAASW Acc, MHSW, RN1,  
Grad Cert; Loss, Grief, Trauma Counselling

*Loss & Grief, Trauma, Mental Health,  
Focused Psychological Strategies,  
Spina Bifida, Birth Defects,  
Pregnancy planning & Decision making.*

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**Non Directive  
Pregnancy  
Counselling.**



*'Putting your Emotions in Motion'*

## Non Directive Pregnancy Counselling.

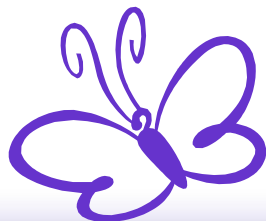
The Pregnancy Support Counselling initiative commenced on 1st Nov 2006. It provides for Medicare benefits item 81005 to be paid for non-directive pregnancy support counselling services provided to women *[and their partners]*, who are concerned about a current pregnancy, or a pregnancy that occurred in the preceding 12 months.

### Number of Sessions.

Medicare benefits are available for up to three (3) non-directive pregnancy support counselling sessions per patient, per pregnancy. Further sessions are available at our standard fee.

### Partner.

Partners of eligible patients may attend each or any counselling session. There is no change in Medicare fee.



### Pregnancy related issues.

Women [and partners] who present for non-directive pregnancy counselling may be concerned with a large range of issues related to the impact a pregnancy will have and pregnancy options,

Some issues could include

- \* working or financial circumstances,
- \* social or relationship difficulties,
- \* personal, cultural values,
- \* emotional factors.
- \* pregnancy decision making.

### During a pregnancy.

Identification, exploration, and discussion of the issues relevant to the pregnant woman (and her partner) aims to help the woman to make decisions concerning her pregnancy in an informed and emotionally healthy way that achieves an outcome that is right for her.

### After a pregnancy.

Women who are receiving non-directive pregnancy counselling for a previous pregnancy in the past 12 months could also benefit from Reflective and Respectful non-directive counselling. Although the areas of concern for those women might not be the same as currently pregnant women, there could be emotional factors that need support and possible discussion about concerns for future pregnancies.

### Limitations of pregnancy counselling support.

Use of non-directive counselling can help a woman make pregnancy-related decisions that will reduce the potential for severe and dysfunctional negative emotions and behaviours in the future.

However, if it becomes evident that the woman is suffering from a severe mental illness then they will be referred back to their GP to ensure adequate treatment of the problem (ex: referral to a mental health professional - such as our service).

### Referral

You will need to obtain a referral from your GP requesting that you are seeking Non Directive Pregnancy Counselling with Mark Logan of AFFECT Consulting. If needed, take this brochure to your GP.

### Payment:

No fee, fully Bulk Billed via referral.

If no referral, patients welcome at standard fees.

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